GHR 1 (20 ml Drops)

COMPOSITION:
Acidum phosphoricum; Agnus castus; Damiana; Muira-puama

USES:
For the Support of Male Sexual Function

DESCRIPTION:
GHR 1 is effective in the cases of:

- Sexual impotence
- Sexual weakness of nervous origin
- Premature emissions
- Decreased libido (low sexual desire)
- Genital organs complaints
- Premature old age from abuse of sexual power
- Parts relaxed during sexual embrace
- Frequent emissions at night (nocturnal emission)

HOW TO TAKE:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

NOTE:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 2 (20 ml Drops)

Composition:
Acidum phosphoricum; Carduus marianus; Okoubaka aubrevellei; Phaseolus nanus; Syzygium cuminum; Vaccinium myrtillus

Uses:
Supportive Therapy for Diabetes Mellitus

Description:
GHR 2 is effective against diabetes mellitus and resulting impaired conditions & symptoms such as chronic weakness, diabetic ulcers, frequent urination, thirst, loss of weight, increased appetite, shortness of breath, mental and physical exhaustion, intestinal flatulence with palpitations, liver and biliary diseases etc. GHR 2 is also very effective in diabetes of nervous origin & pancreas insufficiency.

How to take:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

Note:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
**GHR 3** *(20 ml Drops)*

**Composition:**
Calcium carbonicum; Carduus marianus; Fucus vesiculosus; Lycopodium; Phytolacca e baccis

**Uses:**
Obesity

**Description:**
GHR 3 is effective against obesity due to any reason. It is also effective in various metabolic diseases. GHR 3 acts against obesity by maintaining healthy metabolism through improved liver and gall bladder function. It also acts against fat and loose flesh.

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 4 *(20 ml Drops)*

**COMPOSITION:**
Acidum benzoicum; Berberis vulgaris; Cantharis; Lycopodium; Solidago virgaurea

**USES:**
Secondary Therapy for Renal Lithiasis and Urinary Tract Diseases

**DESCRIPTION:**
GHR 4 is effective against kidney and urinary tract diseases, especially renal lithiasis (i.e. for urolithic diseases) etc. It is diuretic and dissolves kidney stones. GHR 4 is a well known kidney tonic which has anti-inflammatory, anti spasmodic and antiseptic action on kidneys.

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 5 (20 ml Drops)

**COMPOSITION:**
Bryonia; Cascara sagrada; Collinsonia canadensis; Hydrastis; Lycopodium

**USES:**
Constipation

**DESCRIPTION:**
GHR 5 is effective in the cases of:

- Constipation due to any reason
- Constipation with headache
- Infrequent and hard to pass bowel movements
- Incomplete defecation and hard stool
- Inflammation of the gastrointestinal tract & digestive disorders
- Irritable bowel syndrome (IBS) with constipation

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 6 *(20 ml Drops)*

**Composition:**
Berberis vulgaris; Bryonia; Gnaphalium polycephalum; Rhus toxicodendron; Urtica urens

**Uses:**
Acute and Chronic Rheumatism, Gout & Lumbago

**Description:**
GHR 6 is effective against following problems:

- Acute and chronic rheumatism
- Rheumatic pain in bones, periosteum, joints, tendons and muscles accompanied with anxious states
- Gout
- Lumbago
- Neuralgia-type pains in the lumbosacral region
- Neuralgia-type pains with dizziness, restlessness & nervousness

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 7 (20 ml Drops)

Composition:
Belladonna; Fucus vesiculosus; Lycopus europaeus; Natrium chloratum; Valeriana

Uses:
Amelioration of Complaints of Hyperthyroidism & Associated Disorders

Description:
GHR 7 is effective against hyperthyroidism and its associated disorders like heart palpitations, loss of weight, anxiety, nervous disorders, sleep disorders & restlessness.

GHR 7 regulates thyroid gland function.

How to Take:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

Note:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 8 (20 ml Drops)

**Composition:**
Abrotanum; Alfalfa; Barium carbonicum; Calcium phosphoricum; China

**Uses:**
Supportive Therapy for Impaired Growth in Children

**Description:**
GHR 8 is effective in:

- Weight loss despite good appetite
- Malnutrition disorders
- Weak digestion
- General weakness
- Appetite disorders
- Anemia
- Calcium deficiency
- Impaired growth or chronic infection in children
- Emaciation due to chronic inflammations
- Helps in the physical growth & cognitive development of children

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 9 (20 ml Drops)

Composition:
Colocynthis; Gnaphalium polycephalum; Hypericum; Iris versicolor; Rhus toxicodendron

Uses:
Sciatica

Description:
GHR 9 is very effective against the following problems:

- Sciatica
- Neural inflammation and pain
- Painful cramping
- Neuralgia-type pains in the lumbosacral region
- Nerve pain with restlessness

GHR 9 has analgesic action in cases of neuralgia, the most common of which is sciatica.

How to take:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

Note:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 10 (20 ml Drops)

**Composition:**
Belladonna; Cantharis; Equisetum arvense; Juniperus communis; Petroselinum crispum; Solidago virgaurea

**Uses:**
Supportive Therapy for Urinary Tract Diseases

**Description:**
GHR 10 is effective in the following problems:

- Kidney and urinary tract diseases
- Urinary tract inflammation & diseases
- Renal insufficiency
- High fever with inflammation of urinary and genital organs
- Excretory disturbances of urinary organs & urinary tract
- Irritable bladder
- Kidney stones

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 11 (20 ml Drops)

**Composition:**
Carduus marianus; Chelidonium majus; Cynara scolymus; Lycopodium; Taraxacum

**Uses:**
Amelioration of Complaints at Liver-Bile-Disorders.

**Description:**
GHR 11 is effective in the inflammation & diseases of the liver & gall bladder, hepatitis, jaundice & gall stone complaints. GHR 11 tonicizes the liver during stasis in portal system. It protects liver & stimulates liver & gall-bladder function. GHR 11 is a good liver tonic.

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 12 (20 ml Drops)

**COMPOSITION:**
Anacardium occidentale; Arsenicum album; Berberis aquifolium; Hydrocotyle asiatica; Viola tricolor

**USES:**
Eczema, Inflammation and Itching of Skin

**DESCRIPTION:**
GHR 12 is effective against the following problems:

- Dry eczema
- Intense itching eczema, with mental irritability
- Inflammation, itching, burning and eruption of skin
- Dry skin rash
- Itching eruptions with blisters and pustules
- Dermatitis with thickness and itch

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 13 (20 ml Drops)

COMPOSITION:
Agnus castus; Aletris farinosa; Caulophyllum thalictroides; Cimicifuga; Lilium lancifolium;
Pulsatilla pratensis

USES:
Menstrual Cycle Disorders

DESCRIPTION:
GHR 13 is effective in the following problems:

- Menstrual disorders
- Leucorrhoea
- Gynaecological diseases
- Functional infertility
- Pregnancy ailments
- Inflammation and disorders of female genital organs
- Uterine disorders (metropathy)
- Troubles with metroptosis (prolapse of the uterus)
- Sexual disorders
- Disorders of milk production
- Menopausal (climacteric) complaints (like nervous heart, circulatory disorders, moodiness, nervous excitation & depression etc)

HOW TO TAKE:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

NOTE:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 14  *(20 ml Drops)*

**Composition:**
Alfalfa; Calcium phosphoricum; Chelidonium; China; Urtica urens

**Uses:**
Secondary Therapy for Anaemia

**Description:**
GHR 14 is effective in all types of anaemia due to any reason or cause for example: after acute diseases and chronic wasting diseases, disorders of the hepato-biliary system, general blood poisoning, mucosal bleeding, acute diarrhea, malnutrition & loss of appetite etc. GHR 14 is an excellent blood tonic.

**How to take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 15 (20 ml Drops)

**Composition:**
Acidum phosphoricum; Alfalfa; Avena sativa; China; Hydrastis

**Uses:**
General Weakness & Nervous Exhaustion

**Description:**
GHR 15 is effective in general weakness & nervous exhaustion due to all reasons like loss of appetite, inflammation and spasms of hepatic or biliary ducts or gastrointestinal tract, weak digestion, diarrhea, malnutrition disorders, disorder of calcium metabolism, anemia & mental and physical exhaustion etc. GHR 15 is an excellent tonic for the nerves and after illnesses. It improves digestion and increases appetite and thus results in improved mental & physical state with gain in weight.

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 16 (20 ml Drops)

**COMPOSITION:**
Abrotanum; Cynara scolymus; Podophyllum; Potentilla anserina; Veratrum album

**USES:**
Diarrhea & Dysentery

**DESCRIPTION:**
GHR 16 is a researched product and is very effective against diarrhea, vomiting, bowel inflammation, chronic infections, abdominal pain & swelling, intestinal parasites and irritable bowel syndrome (IBS) with diarrhea.

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 17 **(20 ml Drops)**

**Composition:**
Echinacea purpurea; Grindelia robusta; Hedera helix; Ipecacuanha; Thymus vulgaris

**Uses:**
Secondary Therapy for Bronchial Asthma

**Description:**
GHR 17 covers all types of asthma. GHR 17 has an expectorant and spasmolytic effect. It is especially suited for the treatment of respiratory diseases involving asthma, acute inflammation of the airways, bronchospasm, bronchitis & whooping cough. GHR 17 is very effective for asthmatic disease with insoluble sputum. GHR 17 relaxes convulsive constrictions of the respiratory passages, loosens adherent mucus (secretolytic effect) and thus eases expectoration. Through its antibacterial action, it supports the natural defenses against typical pathogens of grippal diseases.

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 18  *20 ml Drops*

**Composition:**
Cantharis; Clematis recta; Pareira brava; Populus tremuloides; Sabal serrulata

**Uses:**
Secondary Therapy for Prostate Gland Diseases

**Description:**
GHR 18 is very effective in the following problems:

- Troubles with prostate enlargement
- Frequent urination, difficult urination, urgent urination, other urinary problems, loss of libido etc
- Inflammation of various organs such as urinary bladder, urinary tract, urethra (urethritis), testicles etc

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 19 (20 ml Drops)

**Composition:**
Aesculus hippocastanum; Arsenicum album; Carduus marianus; Echinacea purpurea; Hamamelis virginiana

**Uses:**
Hemorrhoids & Varicose Veins

**Description:**
GHR 19 is effective in the following problems:

- All types of hemorrhoids (especially bleeding hemorrhoids)
- Inflammation, burning & pain in anus & rectum due to hemorrhoids

GHR 19 treats anal infections through the reinforcement of the body’s natural defence.

**How to take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 20 (20 ml Drops)

**COMPOSITION:**
Belladonna; Bryonia; Echinacea purpurea; Eupatorium perfoliatum

**USES:**
Tonsillitis

**DESCRIPTION:**
GHR 20 is very effective in the following problems:

- Tonsillitis
- Sore throat
- Influenza and associated fever
- Respiratory tract inflammation
- Inflammation of tonsil, pharynx and other respiratory organs with high fever

GHR 20 works against severe and febrile infections through the reinforcement of the body’s natural defense.

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 21 *(20 ml Drops)*

**COMPOSITION:**
Aurum chloratum natronatum; Cactus grandiflorus; Camphora; Crataegus; Strophanthus gratus; Valeriana

**USES:**
For the Support of Cardiovascular Function

**DESCRIPTION:**
GHR 21 is a combination of rare herbs from all over the world. GHR 21 is effective against:

- Cardio-vascular disorders e.g. ischemic heart disease, heart insufficiency, presbycardia, arrhythmia and angina pectoris etc
- Organic and functional heart disease
- Disorder of heart rhythm
- Circulatory instability (especially due to menopause)
- Nervous heart (especially due to emotional upset or stress)
- Palpitation
- Enlargement of heart
- Toxic effects of alcohol or tobacco
- Post cardiac surgeries

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 22 (20 ml Drops)

**COMPOSITION:**
Avena sativa; Hypericum perforatum; Passiflora incarnata; Piper methysticum (Kava kava); Valeriana officinalis

**USES:**
Amelioration of Complaints at Nervous Tension

**DESCRIPTION:**
GHR 22 is effective against the following problems:

- Insomnia (sleep disturbances)
- Depression
- Nervous tension
- Anxiety & states of unrest
- States of exhaustion

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 23  *(20 ml Drops)*

**Composition:**
Ginkgo biloba; Kalium phosphoricum

**Uses:**
Memory Weakness

**Description:**
GHR 23 is against the following problems:

- Loss of memory
- Forgetfulness
- Inability to concentrate
- Mental fatigue

GHR 23 enhances blood circulation besides it also enhances oxygen supply to the brain & thereby helps achieve:

- Better retention
- Increased concentration level & overall sharpness
- Enhanced degree of recollection
- Vitality

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 24 (20 ml Drops)

**Composition:**
Agnus castus; Berberis aquifolium; Kalium bromatum; Sulfur; Vaccinium myrtillus

**Uses:**
Acne and Pimples

**Description:**
GHR 24 is effective against the following problems:

- Acne, esp. teenage acne
- Blotches and pimples
- Acne of face
- Various chronic diseases of the skin

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 25 (20 ml Drops)

**COMPOSITION:**
Acidum nitricum; Chelidonium majus; Echinacea purpurea; Thuja occidentalis

**USES:**
Warts

**DESCRIPTION:**
GHR 25 is effective in the following problems:

- Common warts
- Verrucae (plantar wart)
- Bleeding warts
- Excrucence
- Hard, cleft & seedy warts
- Skin and mucosa diseases

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
**GHR 26 (20 ml Drops)**

**Composition:**
Artemisia absinthium; Cnicus benedictus; Condurango; Gentiana lutea; Nux-vomica

**Uses:**
Indigestion

**Description:**
GHR 26 is effective in the following problems:

- Gastritis
- Digestive disorders
- Acidity
- Meteorism
- Inflammation and narrowing of esophagus
- Inflammation and cramping of the gastrointestinal tract
- Discomfort after ingestion of food & drink

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 27 (20 ml Drops)

**Composition:**
Arnica montana; Calendula officinalis; Delphinium staphisagria; Echinacea purpurea; Hepar sulfuris; Kalium bichromicum; Kalium sulfuricum; Symphytum officinale e radice

**Uses:**
Sinusitis

**Description:**
GHR 27 is effective in the following problems:

- Nasal congestion
- Coryza (acute inflammation of the mucous membrane of the nasal cavities)
- Soreness of nostrils
- Pain in nasal area, bone of nose & eye
- Headache
- Cold
- Sneezing
- Severe and febrile infections
- Purulent catarrh in the respiratory tract
- Mucosal inflammation of the airways
- Loss of smell

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 28  (20 ml Drops)

COMPOSITION:
Belladonna; Euphrasia; Ruta graveolens; Spigelia; Vaccinium myrtillus

USES:
Eyesight Weakness & Conjunctivitis

DESCRIPTION:
GHR 28 is effective in the following problems:

- Eyesight weakness
- Conjunctivitis
- Burning, shooting pain, inflammation & pressure in eyes
- Dilated pupils
- Eyes red, hot and painful from reading
- Discharge of acrid matter
- Excessive secretion of tears (lacrimation)
- Opacities
- Sticky mucus on cornea
- Hyperopia
- Photophobia

GHR 28 improves vision. It is a good tonic for the eyes.

HOW TO TAKE:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

NOTE:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 29 (20 ml Drops)

**Composition:**
Acidum phosphoricum; Alfalfa; Juglans regia; Lycopodium; Thuja occidentalis

**Uses:**
For Healthy Hair Growth

**Description:**
GHR 29 is effective against the following cases:

- Dandruff
- Dry hair
- Hair fall
- Hair thinning
- Early gray hair
- Premature baldness

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 31 \( (20 \text{ ml Drops}) \)

**Composition:**
Aconitum; Cedron; Colocynthis; Kalmia; Verbascum

**Uses:**
Neuralgia

**Description:**
GHR 31 is very effective in the following cases:

- Neuralgia
- Painful nerve diseases
- Recurrent pain
- Neuritis & neuralgia especially in the face
- Sudden pain with burning sensation
- Neuralgia in the head, eye and chest area

**How to take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 32  (20 ml Drops)

**COMPOSITION:**
Aralia racemosa; Arsenicum album; Echinacea purpurea; Sabadilla; Sinapis nigra

**USES:**
Hay Fever

**DESCRIPTION:**
GHR 32 is very effective in the following problems:

- Allergic diseases of the respiratory organs e.g. hay fever & asthma
- Irritative & stuffy nose
- Burning in eyes, strong & cramp like sneezing

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 33  (20 ml Drops)

**Composition:**
Belladonna; Equisetum arvense; Kalium phosphoricum; Millefolium; Plantago major; Pulsatilla

**Uses:**
Incontinence & Urinary Bladder Weakness

**Description:**
GHR 33 is effective in the following problems:

- Enuresis
- Incontinence in children
- Inflammation of urinary and genital organs
- Kidney and urinary diseases
- Nocturnal enuresis
- Involuntary micturition while coughing or passing flatus

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 34 (20 ml Drops)

**COMPOSITION:**
Allium sativum; Carduus marianus; Chelidonium majus; Cynara scolymus; Taraxacum

**USES:**
Supportive Therapy for Hypercholesterolemia

**DESCRIPTION:**
Hypercholesterolemia (literally: high blood cholesterol) is the presence of high levels of cholesterol in the blood. It is not a disease but a metabolic derangement that can be secondary to many diseases and can contribute to many forms of disease, most notably cardiovascular disease. Elevated cholesterol in the blood is due to abnormalities in the levels of lipoproteins, the particles that carry cholesterol in the bloodstream.

GHR 34 reduces cholesterol and lipid levels.

GHR 34 stimulates liver & gall-bladder function; thereby it helps in healthy metabolism.

**HOW TO TAKE:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**NOTE:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 35 (20 ml Drops)

COMPOSITION:
Aloe; Anacardium occidentale; Arsenicum album; Berberis aquifolium; Cantharis; Hydrocotyle asiatica

USES:
Psoriasis

DESCRIPTION:
GHR 35 is effective in the following problems:

- Psoriasis
- Inflammation, itching, burning and eruption of skin with mental irritability
- Dry skin rash, blisters and pustules
- Acute inflammation of the skin with vesiculations
- Dermatitis with thickness and itch
- Psoriasis gyrate, on trunk and extremities, palm and sole

HOW TO TAKE:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

NOTE:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 37  (20 ml Drops)

Composition:
Drosera; Echinacea purpurea; Foeniculum vulgare; Kalium jodatum; Lobelia inflata; Pinus sylvestris

Uses:
Cough

Description:
GHR 37 is effective in the following problems:

- Acute & chronic cough
- Whooping cough
- Spasmodic, dry and irritative cough
- Persistent, painful & stinging cough with copious, liquid and greenish sputum
- Bronchial asthma
- Inflammation of the respiratory system
- Dyspnea from chest constriction

How to Take:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

Note:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 38 (20 ml Drops)

COMPOSITION:
Belladonna; Bryonia; Echinacea purpurea; Eupatorium perfoliatum; Thuja occidentalis

USES:
Common Cold

DESCRIPTION:
GHR 38 is effective in the following problems:

- Influenza and associated fever
- Respiratory tract inflammations & infections such as sinusitis, hay fever, bronchitis, tonsillitis, sore throat etc
- Inflammation of respiratory organs with high fever
- Diseases of the mucous membrane
- Purulent secretions

GHR 38 treats severe and febrile infections through the reinforcement of the body’s natural defence. Thus, it is a good immunostimulant.

HOW TO TAKE:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

NOTE:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 39 (20 ml Drops)

**Composition:**
Arnica montana; Aurum chloratum natronatum; Crataegus; Glonoinum; Viscum album

**Uses:**
Secondary therapy for Hypertension

**Description:**
GHR 39 is very effective in the following problems:

- Hypertension (High Blood Pressure)
- Headache & vertigo due to hypertension
- Diseases of the arterial and venous systems
- Normalization of pathologically-disrupted vascular innervations
- Arteriosclerosis
- Heart and circulatory disorders, e.g. heart insufficiency, blood-pressure problems etc
- Palpitation
- Pulsation in the entire body
- Coronary-artery stenosis and arrhythmia

GHR 39 is a vessel and heart stimulant.

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 40 (20 ml Drops)

Composition:
Alfalfa; Artemisia absinthium; Calcium phosphoricum; Condurango; Gentiana lutea

Uses:
Loss of Appetite

Description:
GHR 40 is very effective in the following problems:

- Appetite disturbances
- Weight loss
- Anorexia
- Inflammation of gastric mucosa

GHR 40 stimulates the digestive functions and increases appetite and thus results in the improved general health, with gain in weight.

How to take:
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

Note:
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.
GHR 41  (20 ml Drops)

**Composition:**
Gelsemium; Glonoinum; Iris versicolor; Sanguinaria canadensis; Verbascum

**Uses:**
Migraine & Headache

**Description:**
GHR 41 very is effective in the following problems:

- Migraine
- Headaches with nervous complaints
- Spasms, pain in the temporal region
- Feeling of a band around the head
- Headache with dizziness
- Frontal headache and nausea
- Migraine like headaches
- Neuralgia in the head
- Periodically recurring migraine and headache

**How to Take:**
Unless otherwise prescribed, 15 – 25 drops 3 times daily with some water. For children, use half of the adult dosage.

**Note:**
Since it contains plant-based substances, occasionally light turbidity or precipitation may occur. However, the effectiveness and compatibility are not affected. Shake well before use.